

Health & Wellness Community Orchestra

In collaboration with Front Range Community College
and the FRCC Foundation

Leslie Stewart, Music Director

presents

From Tragedy to Triumph

Sunday, November 14, 2021
4PM Griffin Concert Hall
University Center for the Arts
1400 Remington Street
Fort Collins

Brahms: Tragic Overture

Bargiel: Adagio, Op. 38, featuring
cellist Becky Kutz Osterberg

St. Saens: Allegro Appassionato
featuring cellist

Becky Kutz Osterberg

Respighi: Pines of Rome

Conductor:

Leslie Stewart



From Tragedy to Triumph

Tragic Overture

Johannes Brahms
(1833-1897)

Adagio, Op. 38

Woldemar Bargiel
(1828-1897)

Allegro Appassionato

Camille Saint-Saëns
(1835-1921)

Becky Kutz Osterberg, Cello Soloist

--intermission--

Pines of Rome

Ottorino Respighi
(1879-1936)

*Pines of the Villa Borghese
The Pines Near a Catacomb
The Pines of the Janiculum
The Pines of the Appian Way*

ABOUT OUR ORCHESTRA

The Health and Wellness Orchestra was founded in 2008 by Dr. Ann Yanagi and initially rehearsed and performed at Poudre Valley Hospital. For the past several years, we have been able to rehearse and perform at the University Center for the Arts with financial assistance from Front Range Community College.

Last October we were invited to perform a special concert as a Tribute to Health Workers to open the Grays Peak Health Sciences Building at FRCC. This program was live-streamed and available for later broadcast over FRCC's webpage. In May we performed another program in the atrium of this beautiful building which was also live-streamed. Today's concert celebrates our return to the fantastic facilities at the University Center for the Arts at CSU – our first performance for a live audience since March 2020.

Our orchestra is composed of musicians who love to play for our own enjoyment, health and for the enjoyment (wellness) of our audience. We are primarily a self-funded orchestra in which members pay for most of our own expenses: Music, artistic and administrative staff, etc. We appreciate any donation with gratitude in order to continue to bring happiness in music to our community. If you would like to assist in this effort, please send your contribution to:

FRCC Foundation
3645 W. 112th Avenue
Westminster, CO 80031
Make checks out to: FRCC Orchestra Fund

HEALTH & WELLNESS ORCHESTRA
Leslie Stewart, Music Director
Andrew Mendizabal, Assistant Conductor

**BRAHMS, BARGIEL
and ST. SAËNS**

FIRST VIOLIN

Jean Denney, *Concertmaster*
Mary Bellone,
Acting Concertmaster
Jackie Trautwein
Julie Jacobson-Weaver
Ann Yanagi
Meena Balgopal
Courtney Peterson

SECOND VIOLIN

Cheryl Fox, *Principal*
Phyllis Smith,
Assistant Principal
Solito Sumulong
Alex Keenan
Joshua Cabiness
Samuel Carles Pedroza
Mackenzie Warden
Sandra Monroe

VIOLA

Tyler Lester, *Principal*
Susan Winter,
Assistant Principal
Tami Allison
Hannah Malers
Emily Macqueene
Coleton Riggs

CELLO

Lauren Brissey, *Principal*
David Burlingame,
Assistant Principal
Vicki Cotton
Gina Curler
Lynn Johnson
Claire Shive
Robert Kim

BASS

Zack Mozer, *Principal*
Brandon Brekke,
Assistant Principal

BRAHMS

FLUTE

Jana Webster-Wheeler,
Principal
Susan McColl

PICCOLO

Rebecca Needham

OBOE

Rebecca Hunget, *Principal*
Scott Johnston

CLARINET

Allison Pietras, *Principal*
Emma Jones

BASSOON

Casey Gollihugh, *Principal*
Ann Donoghue

FRENCH HORN

Megan Wilkes, *Principal*
Miranda de Blauwe
Cheryl Primmer
Dilara Kiran

TRUMPET

Neil Johnson, *Principal*
Jim Macqueene

TROMBONE

Ed Gudemann, *Principal*
TJ Thomas
Noelle Ayres

TUBA

Adria Leos

TIMPANI

Leland Miller

**BARGIEL
and ST. SAËNS**

FLUTE

Jana Webster-Wheeler,
Principal
Susan McColl

OBOE

Halley Pucker, *Principal*
Kirsten Eilertson

BASSOON

Ann Donoghue, *Principal*
Westen Warden

FRENCH HORN

Miranda de Blauwe, *Principal*
Dilara Kiran

RESPIGHI

FIRST VIOLIN

Jean Denney, *Concertmaster*
Mary Bellone,
Acting Concertmaster
Daniel Parsons
Merritt Martin
Robin Burke
Ella Jean Albertson
Paul West
Adam Bayless
Jackie Edinger
Ann Yanagi

SECOND VIOLIN

Cheryl Fox, *Principal*
Phyllis Smith,
Assistant Principal
Meredith Cleland
Jennifer Lowry
Alexandra Hobaugh
Mallory Pett
Merrill Johnson

VIOLA

Tyler Lester, *Principal*
Susan Winter,
Assistant Principal
Tami Allison
Coleton Riggs

CELLO

Lauren Brissey, *Principal*
David Burlingame,
Assistant Principal
Beth Wells
Jylan Burris

BASS

Zack Mozer, *Principal*
Brandon Brekke,
Assistant Principal

FLUTE

Merritt Jones, *Principal*
Francesca Lujan
Rebecca Needham

PICCOLO

Rebecca Needham

OBOE

Scott Johnston, *Principal*
Halley Pucker

ENGLISH HORN

Rebecca Hunget

CLARINET

Dave Green, *Principal*
Tate Erikson

BASS CLARINET

Copper Ferriera

BASSOON

Kyle Minthorn, *Principal*
Casey Gollihugh

FRENCH HORN

Megan Wilkes, *Principal*
Miranda de Blauwe
Cheryl Primmer
Dilara Kiran

TRUMPET

Michael Hobaugh, *Principal*
Kevin Youmans
Neil Johnson

OFF STAGE TRUMPET

Michael Hobaugh

TROMBONE

Ed Gudemann, *Principal*
TJ Thomas
Noelle Ayres

TUBA

Adria Leos

HARP

Joni Martin

CELESTE AND ORGAN

Ben Geier

PIANO

Allison Pietras

PERCUSSION

Amy Jo Martinson, *Principal*
Noelle Ayres
Vicki Cotton
Ann Donoghue
Tim Klippert
Leland Miller

BUCCINE

Andrew Mendizabal,
Conductor
Enzo Barrett,
Trumpet I
Jim Macqueene,
Trumpet II
Noelle Bauman-Stucky,
French Horn I
Janice Schlieker,
French Horn II
Andrew Hanze,
Trombone I
Dorothy Rhodes,
Trombone II

We would like to express our sincere appreciation to...

BOOMER MUSIC STORE for providing music folders
COLORADO STATE UNIVERSITY for lending us music
VICKI COTTON for serving as our Personnel Manager and Webmaster
FORT COLLINS SYMPHONY for lending us their celeste
FORT FUND which provided a generous grant for today's performance
FRCC MUSIC DEPARTMENT for assisting with rehearsal space costs
FRCC FOUNDATION for providing bookkeeping services
DAVE GREEN for lending us an A clarinet
SARAH HICKMAN for designing our posters and concert programs
DR. ERIC HOLLENBECK for allowing us to borrow CSU percussion instruments
REBECCA HUNGET for writing our grant proposals
ANDREW MENDIZABAL for serving as our Assistant Conductor
BARBARA THIEM, Cello Professor at CSU, for lending us a cello podium
DEBRA THROGMORTON, Music & Recording Arts Program Lead, for serving as our Liaison to FRCC
ANN YANAGI for serving as our Librarian and assisting with personnel and management details



ABOUT OUR CONDUCTORS

Leslie Stewart has been Music Director of the Health & Wellness Community Orchestra since it was founded at Poudre Valley Hospital in 2008. In 2013 she was honored with the "Outstanding Service Award" by the CSU College of Liberal Arts for her work with this ensemble and her accomplishments as Director of CSU's Summer Master of Music Education degree with a Specialization in Conducting. In addition, Ms. Stewart is Director of the CSU String Pedagogy Program, conducts the CSU Concert Orchestra and frequently performs on CSU Virtuoso Series faculty recitals. The Mayor and City Council of Ft. Collins proclaimed February 20, 2018 as "Leslie Stewart Day" in celebration of the 10th anniversary of the Health and Wellness Community Orchestra.

A graduate of Interlochen Arts Academy, Ms. Stewart holds Bachelor and Masters degrees in Music Performance from the University of Southern California. She was a violinist with the Puerto Rico Symphony and Alabama Symphony before moving to Northern California in 1989 to conduct the Marin Symphony Youth Orchestra and direct the Marin Symphony's Youth Programs. Beginning in 1998, she served as Music Director and Conductor of the Bay Youth Orchestra of Virginia culminating in the Bay Youth Symphony's performance at the Edinburgh Fringe Festival in August 2006. Ms. Stewart has guest conducted honor orchestras, youth symphonies, and community orchestras throughout the United States and in Germany and Brazil.

Andrew Mendizabal was named Assistant Conductor of the Health & Wellness Community Orchestra in the summer of 2021. In May, he earned his Master of Music from Colorado State University in Instrumental Conducting; he studied under the guidance of Maestro Wes Kenney and worked with the Colorado State University Symphony, Sinfonia and Concert Orchestra.

Drew is native of Las Vegas, Nevada and received his Bachelor of Music Education at the University of Nevada, Reno in 2019. He studied conducting with Dr. Jason Altieri and clarinet with Dr. Joshua Anderson and Dr. David Ehrke. He was passionately involved with the band programs where he served in leadership roles for the Wolf Pack Marching Band, Nevada Wind Ensemble and Kappa Kappa Psi Honorary Band Fraternity. He received awards for his leadership, academics and musicianship for his involvement within the UNR music department.

In June 2021, Drew participated in the National Conducting Institute and Festival under the guidance of James Ross and Marin Alsop. In September he was named Instrumental Conductor at Ridgeview Classical Schools in Fort Collins and in October he joined the conducting staff of the Northern Colorado Youth Orchestra.

ABOUT OUR SOLOIST

Becky Kutz Osterberg is a versatile freelance musician throughout Northeast Colorado and Southern Wyoming. She enjoys playing in a wide variety of ensembles and venues including Orchestra, Chamber Music, Opera, Musical Theatre, Recording Sessions and Solo Performances.

She is Principal of the Fort Collins Symphony, Principal of the Greeley Philharmonic and a member of the Cheyenne Symphony. Other orchestra and opera ensemble performances include the Colorado Symphony, Colorado Springs Philharmonic, Boulder Philharmonic, Opera Colorado, Colorado Bach Ensemble, Colorado Ballet, Larimer Chorale, Steamboat Springs Symphony, Opera Fort Collins and Pro Musica Chamber Orchestra.

Mrs. Kutz Osterberg received her Bachelor of Music in Cello Performance from the University of Southern California as a student of Ron Leonard, retired Principal of the Los Angeles Philharmonic and her Master of Music in Cello Performance from the University of Akron, Ohio where she studied with Michael Haber and Richard Weiss. Additionally she studied Orchestral Excerpts and post graduate work with Daniel Rothmuller, retired Associate Principal of the Los Angeles Philharmonic.

Beyond her classical experiences, she has performed with a wide variety of artists including Josh Groban, Guns and Roses, Sarah McLachlan, Mannheim Steamroller, Kaleo, Frank Sinatra Junior, Ten Tenors, Sarah Brightman, Wu-Tang Clan and a 60 city national tour with John Tesh. Mrs. Kutz Osterberg is a founding member of Synesthesia, an eclectic mix of Flute, Clarinet, Electric Cello and Ukulele playing a wide variety of musical styles including Pop, Celtic, Klezmer and Classical. They perform at both public and private events throughout Colorado and Wyoming.

Her instructional experience includes teaching and ensemble coaching for more than 25 years. Mrs. Kutz Osterberg has an established private cello studio in Fort Collins and Steamboat Springs. She has coached cello and chamber music at various summer festivals including Western State in Gunnison, CSU in Fort Collins and Arrowbear Music Camp in Southern California where she has also co-conducted both Elementary and Intermediate Orchestra Sessions. When she is not performing or teaching she is often found enjoying the outdoors or relaxing at home with her husband and their cats. Some of her favorite activities include hiking, biking, stand up paddle boarding and painting.

Mrs. Kutz Osterberg's cello was made in 1785 in Salisbury, England by Benjamin Banks.

PROGRAM NOTES

BRAHMS: TRAGIC OVERTURE (1880)

After years of preparation and contemplation, Johannes Brahms finished and heard the premiere of his Symphony no. 1 in C Minor in 1876. By 1880 he had released one more symphony and gained traction as a monumental symphonic composer. Brahms received an honorary doctoral degree from University of Breslau and celebrated with the commission of two overtures: the Academic Festival Overture and its antithetical twin, the Tragic Overture. While most overtures represent a program or art, the only thing Tragic about the work is its dramatic and turbulent effect compared to the uplifting quality found in the Academic Festival Overture.

Despite the striking difference in atmospheres, both the overtures represent the best and strikingly methodical approach to Brahms' compositional style. The piece begins with two striking minor chords from the whole orchestra as the low strings introduce the somber, legato theme before a march-like counter theme takes way. The audience is then taken on a turbulent ride full of passion and sorrow which is geniusly scored for full orchestral winds, strings and timpani.

BARGIEL: ADAGIO (1871)

Woldemar Bargiel was a composer who had close connections to Felix Mendelssohn, Robert and Clara Schumann, and Johannes Brahms. This connection was made possible because he was the younger half-brother of Clara, whose support granted him a start to his compositional career. Despite a small oeuvre, his works were praised for his craftsmanship. He spent the later years of his life assisting Brahms as co-editor for the works of Robert Schumann and Frederic Chopin. His Adagio for Cello and Orchestra represents Bargiel's ability to craft lyrical and sweet melodies. The cello sings with the orchestra in two different sections that capture its passionate and somber voice.

PROGRAM NOTES

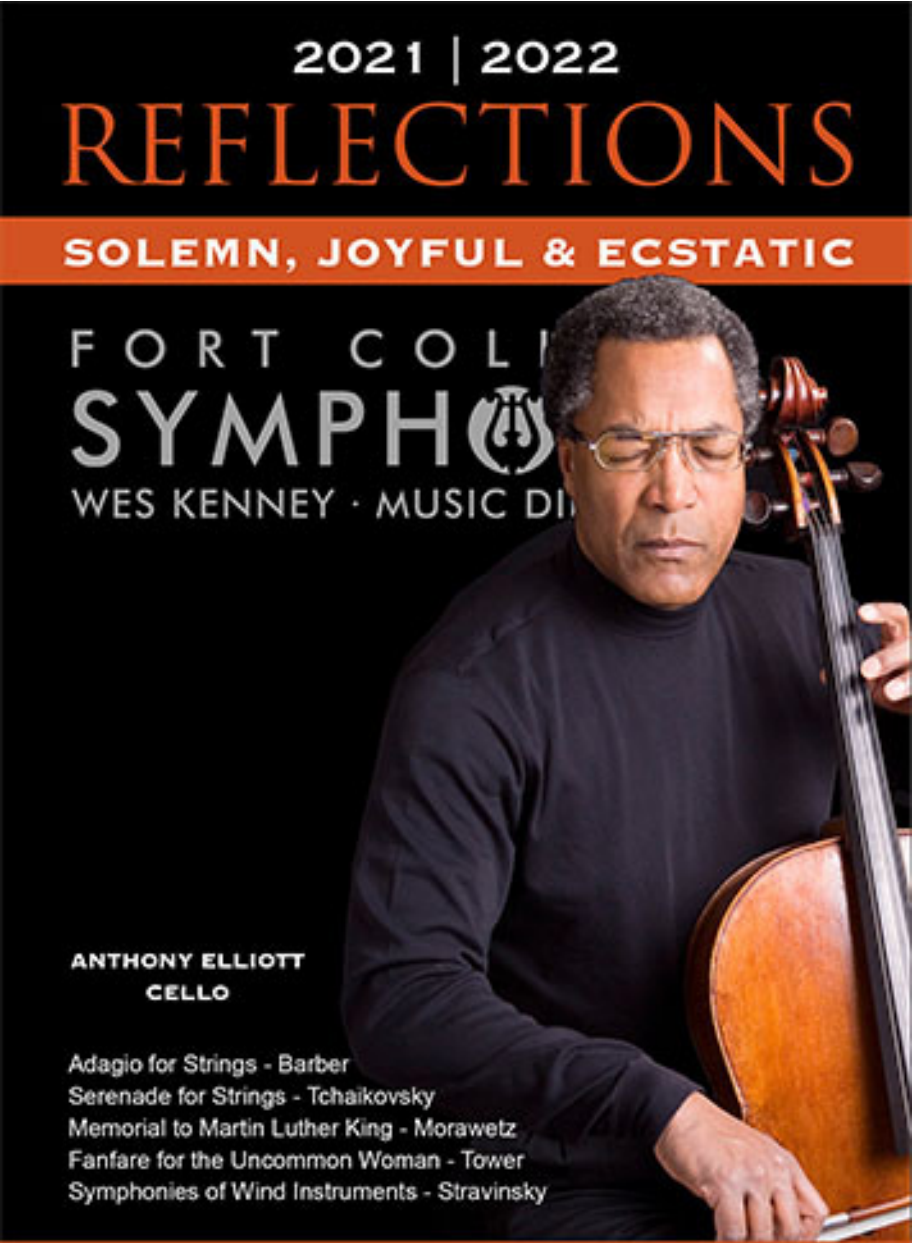
SAINT-SAËNS: ALLEGRO APPASSIONATO (1875)

This show piece for cello and orchestra was written and premiered following the cello concerto and cello sonata which St. Saëns wrote earlier. Despite its light-hearted character—compared to the other cello works—there is a virtuosic quality that captivates listeners and musicians alike with its allegro runs and passionate melodies. The result is an engaging, rubato-like work between soloist and orchestral musicians that captures the brilliant cello writing of this composer.

RESPIGHI: PINES OF ROME (1924)

Ottorino Respighi was born and trained as a violist in Italy before he started his professional career in Russia. His years in St. Petersburg and around Germany heavily influenced his musical tastes and set him up for a strong compositional career upon his return to Italy. He is widely known amongst the Italians for his works in musical dramas but is most known outside his home country for his orchestral works that are inspired by his fascination for the musical past.

The Pines of Rome is one of Respighi's most celebrated orchestral works. The orchestral colors and symphonic structure closely resemble the Russian influence of Rimsky-Korsakov—Respighi's teacher from his days in Russia. The piece paid tribute to the sounds and sights of both contemporary Rome and the Rome of the great empire of centuries ago. He centered the piece's tonal color on the natural representation of Rome's pine trees. Each movement of the work depicts different atmospheres of the century-old pines connected into a seamless work of play, shadows, songs and triumph. Respighi takes the listener through a history of Rome and ends with a glorious march.



2021 | 2022

REFLECTIONS

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WES KENNEY · MUSIC DIRECTOR

ANTHONY ELLIOTT
CELLO

Adagio for Strings - Barber
Serenade for Strings - Tchaikovsky
Memorial to Martin Luther King - Morawetz
Fanfare for the Uncommon Woman - Tower
Symphonies of Wind Instruments - Stravinsky

FEBRUARY 5 · 2022 · 7:30 PM
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Dr. David & Alison Dennis - The Lyric - Dr. Ed Siegal - Dr. Peter Springberg
& Janet Kowall · Kenneth & Myra Montfort Charitable Foundation

City of Fort Collins

- 
- A photograph of a recording studio. In the foreground, there are several microphones on stands, some with pop filters. In the background, a computer keyboard is visible on a desk. The lighting is soft and focused on the equipment.
- Earn an Associate of Arts degree in Music and transfer
 - Earn an Associate of Applied Science degree or certificate in Recording Arts Technology and launch a career
 - Instrumental and Vocal Ensembles
 - Private Instruction in Voice or Instrument

Contact Debra Throgmorton
(970) 204-8342
debra.throgmorton@frontrange.edu

PLEASE TAKE NOTE:
MUSIC THRIVES at FRCC

The logo for Front Range Community College, featuring a stylized mountain range with three peaks.

FRONT RANGE
COMMUNITY COLLEGE

LARIMER CAMPUS

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